

UMANA News



Established 1950

The Newsletter of the Ukrainian Medical Association of North America

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2247 West Chicago Avenue, Chicago, IL 60622-4828
Tel: (888)798-6262 ♦ Fax: (888)558-6262

Your Website

www.umana.org We Made It for You to Use!

UMANA redesigned its website to serve you better. You can now easily obtain:

INFORMATION

You will find the latest information on national and branch activities listed on the home page as well as the “Events” page.



PUBLICATIONS

Misplaced your copy of *UMANA News*? Want to review a past issue of *JUMANA*? Check the “Library” page.

MEMBERSHIP DIRECTORY

Looking for a colleague or need a referral? This map is the place to go – click on a state, or enter a name, to find your colleague.

NEW APPLICANTS

New members apply by clicking on the “Become a Member” button on the top

toolbar and enter as NEW member.

STUMBLING BLOCK NO. 1

Existing active members of UMANA are not automatically entered into the website. Why? We need “Returning Members” to enter their current data one time! This will ensure our information is correct, current, and accessible. Once you do this, you will have direct access to your data. You can edit whenever you need to.

If you already have an active UMANA site, do nothing further.

You can “Log In”, enter your email address as user name, and enter your password. If you forgot your password, click “Forgot Password.”

If you are a member activating for the first time, follow these instructions:

Click the “Become a Member” button in the upper right-hand toolbar. Go to “Membership Information” and click on “Returning Member” (see Figure 2). Fill out the required fields (marked with a red asterisk) and submit the form. You will receive an email with a temporary password, which along with your email address as your username will allow you to enter into your site, set up your personal password, and make any changes if needed. That’s all.

Members choosing not to activate their personal UMANA site will have a minimal amount of information posted on the “Members” directory.

Figure 2



STUMBLING BLOCK NO. 2

Your public e-business card (Profile).

ALL USERS: Once you are on your site, don’t forget to activate your “Public Profile”! One benefit of your site is your Public Profile – what you want searchers to see. Use it! Once you enter your personal site, you will see a section called “Personal/Professional Information (Figure 3). Make sure “Show Profile in Member Search” is checked. Then, in your e-profile choices, click all items you want the public to see. When a

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UMANA MEMBER NEWS



Walter Brodech, MD, Illinois Branch, retired from his private practice of Internal Medicine in Chicago's Ukrainian Village and is enjoying his free time with his children, as well as gardening and golfing.



Mark Kozicky, MD, NY Metro Branch, who is completing his residency at Bronx Municipal Hospital, Jacobi Medical Center, became the proud father of Lukas, born September 2014.



Viktor Kopynets, DMD, Florida Branch, completed his studies at Rutgers School of Dental Medicine and received his DMD degree in 2014. He will be starting his practice in West Palm Beach, FL.



Michael Lewko, MD, NY Metro Branch, was honored in the Castle-Connolly Top Doctors listing in "Inside Jersey's 2014 Top Doctors". He is a practicing rheumatologist, gerontologist, and internist in Clifton, NJ.



Serguei Melnitchouk, MD, MPH, New England Branch, is a cardiac surgeon at the Massachusetts General Hospital in Boston and instructor in surgery at Harvard Medical School, specializing in minimally invasive cardiac mitral valve surgery.



Olga Saletska (Humenyuk), DNP, Illinois Branch, received her Doctor of Nursing Practice Degree from Loyola University Niehoff School of Nursing in Maywood, IL, May 6, 2015.



Anthony Tarasenko, MD, NY Metro Branch, and Concentra Urgent Care have been awarded the 2014 Best of South Plainfield Award in the Doctors & Clinics category by the South Plainfield Award Program. Dr. Tarasenko is the Medical Director of Concentra Urgent Care. He has been an active member of the Medical Society of New Jersey since 1990 and serves as a Board of Trustees member. Dr. Tarasenko is also Past President of the Union County Medical Society.



UMANA News

The Newsletter of the Ukrainian Medical Association of North America is published quarterly by UMANA with the objective to promote good fellowship and to uphold and enhance the best interests of UMANA. The newsletter serves as an impartial forum for information for its members. UMANA cannot guarantee the accuracy of all information contained herein. Some information has been obtained from third party published and oral sources and may not have been independently verified. The treatment of articles, views, and opinions expressed in UMANA News is not necessarily endorsed by UMANA.

Distributed to members and friends of UMANA

UMANA News Editor: Andrew Iwach, MD; San Francisco, CA

Contributing Editor: George Hrycelak, MD; Elmwood Park, IL

Copy Editing and Layout: Margaret Perrone, RN PHN; Benicia, CA

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Send your articles, letters, and comments to:

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2247 West Chicago Avenue

Chicago, IL 60622-4828

Fax: (888)558-6262

Email: umana@umana.org

The Ukrainian Medical Association of North America



OBITUARIES



GALARNYK, MD, Ihor, age 88, *University of Manitoba, 1955*, member UMANA Illinois Branch, died March 23, 2015.



RUDAWSKY MD, Yaroslav, age 86, *Complutense University of Madrid School of Medicine, 1959*, member UMANA Pennsylvania Branch, died August 7, 2013.



President's Message

Almost two years have passed since our last UMANA scientific conference in Naples, FL. That meeting was special for me, as I was inaugurated president of UMANA. My two-year term is almost completed, and I must admit I've had a wonderful time being president. As you may know, our upcoming conference will be at the Fairmont Tremblant, June 18-21, in the resort area of Mount Tremblant, Quebec. We have a program of young, enthusiastic speakers who will be describing a new form of medicine, "Wellness". This is something our patients often ask us about, and they expect some good answers. We'll all get some practical ideas from this meeting. For my part, I too am preparing a short presentation for the theme of "Wellness", a presentation about saline nasal irrigations. This is a simple, inexpensive treatment that my sinus/allergy patients have been using; indeed they are teaching me about this.

As UMANA president, I've had the great experience of working with **Dr. George Hrycelak**. He has kept UMANA an interesting, vibrant society and has maintained UMANA's sound fiscal integrity. He helped put together a fine Uprava with which I hope to continue working in any position I can. He efficiently maintains the UMANA offices in Chicago and has a deep respect for UMANA's history, past presidents, and activities. I've gotten to know him and his sister, **Dr. Maria Hrycelak**, quite well and consider them friends. Dr. Maria is president of our UMANA Foundation. She wisely maintains this organization's finances, indeed providing an income for the Foundation from the Chicago Likarska Zabava debutante ball. The Foundation has offered scholarships to beginning medical and dental students of Ukrainian heritage and this year provided Ukraine's medical services with state-of-the-art manikins for combat medical training.

Among my favorite experiences these past two years were the two trips my wife, Khrystyna, and I made. The first was our trip to New York last autumn for the President Poroshenko event at the Waldorf Astoria. The New York branch of UMANA, with **Dr. Zwenyslawa Woroch** and **Dr. Petro Lenchur**, organized a meeting with its membership and Dr Mujsij, the [then] new government's health minister. The meeting took place in a stately ballroom of the hotel, and I enjoyed meeting the membership and the minister. Our second trip was to Ukraine to attend the WFUMA meeting in Chernivtsi, Ukraine. I arrived to this distinctly provincial oblast capital city at 9 a.m. on a night train from Lviv. Yet I was charmed by the city's beauty. I worked closely with **Dr. Roxolana Horbowyj**, our UMANA representative to WFUMA, who is very well known in Ukraine for the medical education activities she has provided. I'd been to several WFUMA meetings when my father was president; the meetings in Odessa, Uzhhorod, and Lviv were perhaps better attended. The Ukrainian physicians of the WFUMA remain a dedicated group, and I hope to continue working with them and attend their future meetings.

Before signing off I should mention our campaign to activate our membership list on our website. In this issue of *UMANA News*, Dr Hrycelak has written a step-by-step guide on how to work through the umana.org website. Please follow these instructions; you decide what information you wish to make public, yet we do need this information for our mailings and communications with our membership.

Again I want to thank you all for letting me serve as president of UMANA, and I hope to see you all in Quebec.

Sincerely,
Andrew Dzul

www.umana.org: We Made It for You...

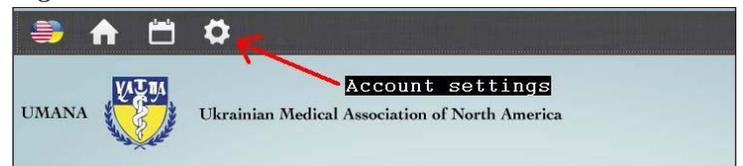
Continued from front

Figure 3



visitor clicks on the map of members and checks "profile", they will see your public information. You can also edit or add that information by clicking on the round "Account Settings" button on the top toolbar (Figure 4). There you can enter your public information, photo, or personal statement.

Figure 4



SPECIAL REQUEST

Your site is a work in progress. We have never had an active site before, so please be patient while we work out any bugs in the system. And there surely will be some.

UMANA CHAPTER NEWS

Illinois Branch

Sunday afternoon, April 19, 2015, UMANA Illinois Branch convened at Advocate Lutheran General Hospital in Park Ridge, IL, to hear **Bohdan Iwanetz, MD** present his experience treating chronic wounds with hyperbaric oxygen therapy. Dr. Iwanetz, a Cook County Hospital-trained general surgeon, is the director of the Hyperbaric Unit and Wound



(From left) Daniel Mazzolini, Jr., RRT, speaker Bohdan Iwanetz, MD, and Illinois Branch President Arkadiush Byskosh, MD

Care Clinic at Ingalls Memorial Hospital in Harvey, IL, and has served as treasurer and president of the national office of UMANA in past years. He continues to be an active member and remains involved both at the local and national levels. Forty members and guests were welcomed by Illinois Branch President **Dr. Arkadiush Byskosh** and enjoyed a delicious lunch in the scenic reception area outside of the Olson Auditorium. The group represented a wide



Photo by Dr. Maria Hrycelak

UMANA Illinois Branch members (from left) Roksolana Tymiak-Lonchyna, DDS, Vassyl Lonchyna, MD, Solomiya Gruschak, M-I, George Procyk, MD, Theresa Kuritza, DO, Olga Saletska, NP, and George Hrycelak, MD

swath of branch membership, including physicians, dentists, nurse practitioners, pharmacists, residents, and students. Members continued their professional and social discussions after the repast, enjoying the regular quarterly collegial get-together.

UMANA Illinois member and first-year medical student **Solomiya Gruschak** organized a conference at the Loyola Stritch School of Medicine on Wednesday, April 29, 2015, raising awareness and funds for the Lviv Regional Clinical Hospital and Kyiv Regional Clinical Military Hospital in Ukraine. Guest speaker and member **Vassyl Lonchyna, MD**, University of Chicago, spoke on "Conflict and Medical Care in Ukraine: Perspectives from the Lviv Regional Clinical Military Hospital." Over 50 students attending the event on campus, joined by a supportive group of Illinois branch members, heard a concise presentation of the history of Ukraine, ancient and contemporary, with emphasis on the current needs as well as accomplishments of Ukrainian physicians in tough circumstances. Ms. Gruschak plans to visit Ukraine shortly with funds and information.

Pennsylvania Branch

Friday afternoon, May 1, 2015, UMANA Pennsylvania Branch held its regular chapter dinner meeting at Ruth's Chris Steakhouse in King of Prussia, PA. Chapter President **Ihor Fedoriw, OD** warmly welcomed 20 branch members and presided over the passing of the baton of leadership to the incoming president, **Yuriy Shevtziv, MD**. Under the initiative of branch board member **Ihor Rak, MD**, the chapter conducted fundraising for "UMANA Sunglasses for Ukrainian Soldiers" and "Adopt a Wounded Warrior" campaign, which raised \$5,000 that evening. Borys Pawluk, VP of Finance of United Ukrainian American Relief Committee (UUARC), was the evening's invited guest and



Pennsylvania Chapter outgoing President Ihor Fedoriw, OD congratulates incoming President Yuriy Shevtziv, MD with Ihor Rak, MD.

received the above funds on behalf of UUARC-ZUADAK.



UMANA Pennsylvania Chapter members

Maryland-DC Metro Branch

Drs. Chrystia and Truvor Kuzmowych, UMANA DC Chapter members, very generously and graciously hosted an incredibly pleasant chapter meeting with various gourmet delights at their beautiful home in March 2015.



Drs. Chrystia and Truvor Kuzmowych, UMANA Maryland-DC Metro Branch